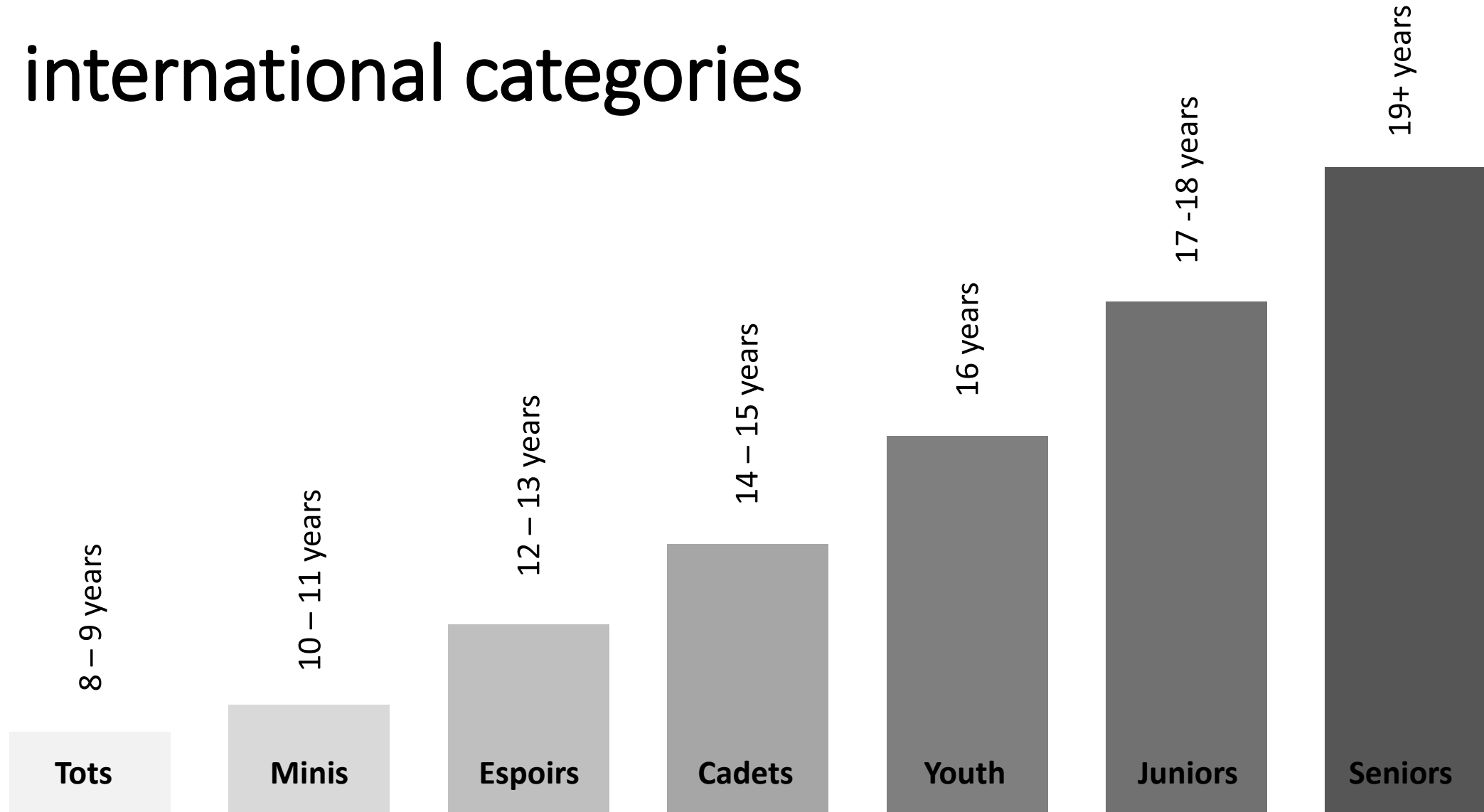


World Skate Rollart System

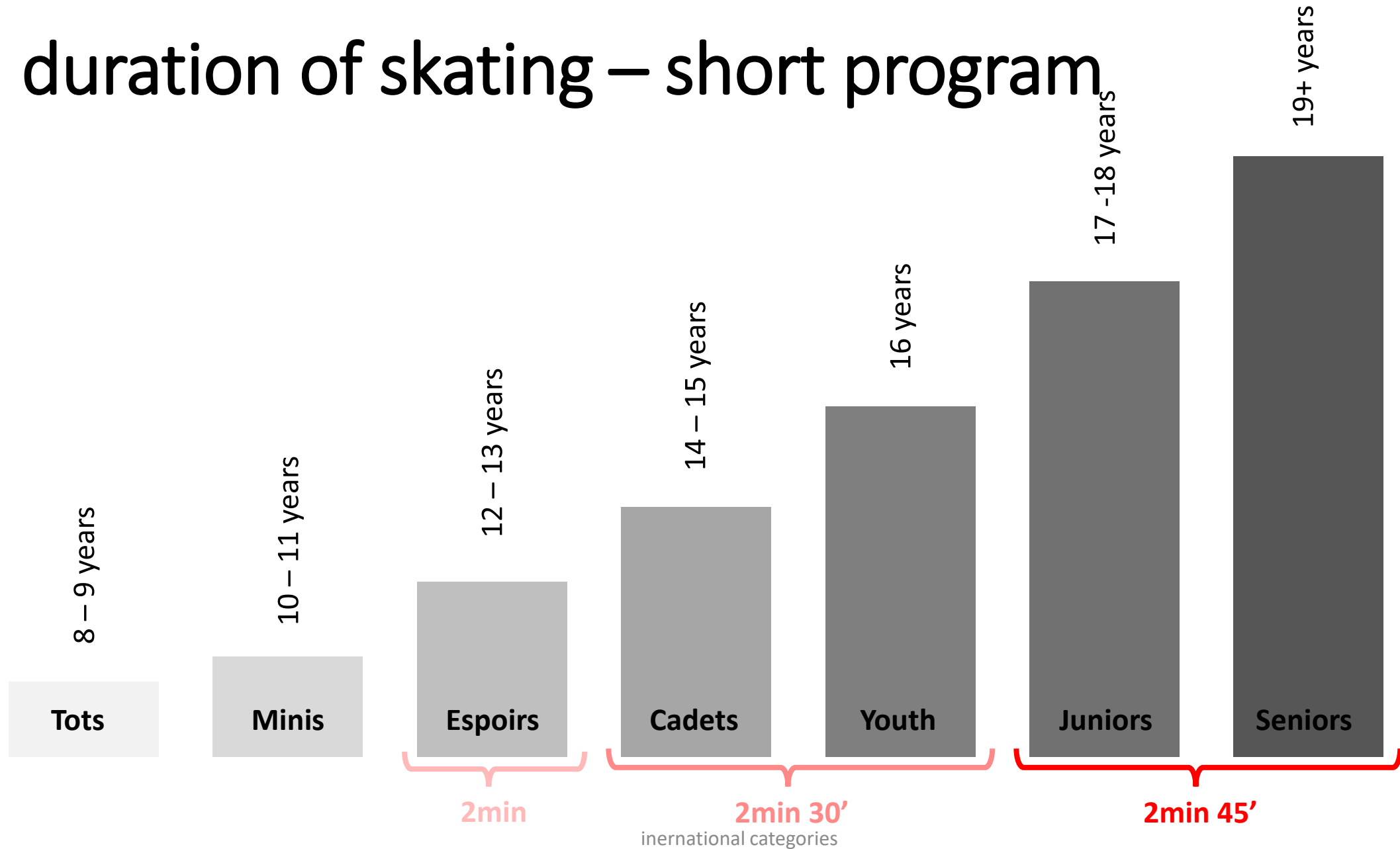
guide

- general information
 - categories
 - program element content sheet
 - Lutz
- program requirements
- spins
- footwork sequence

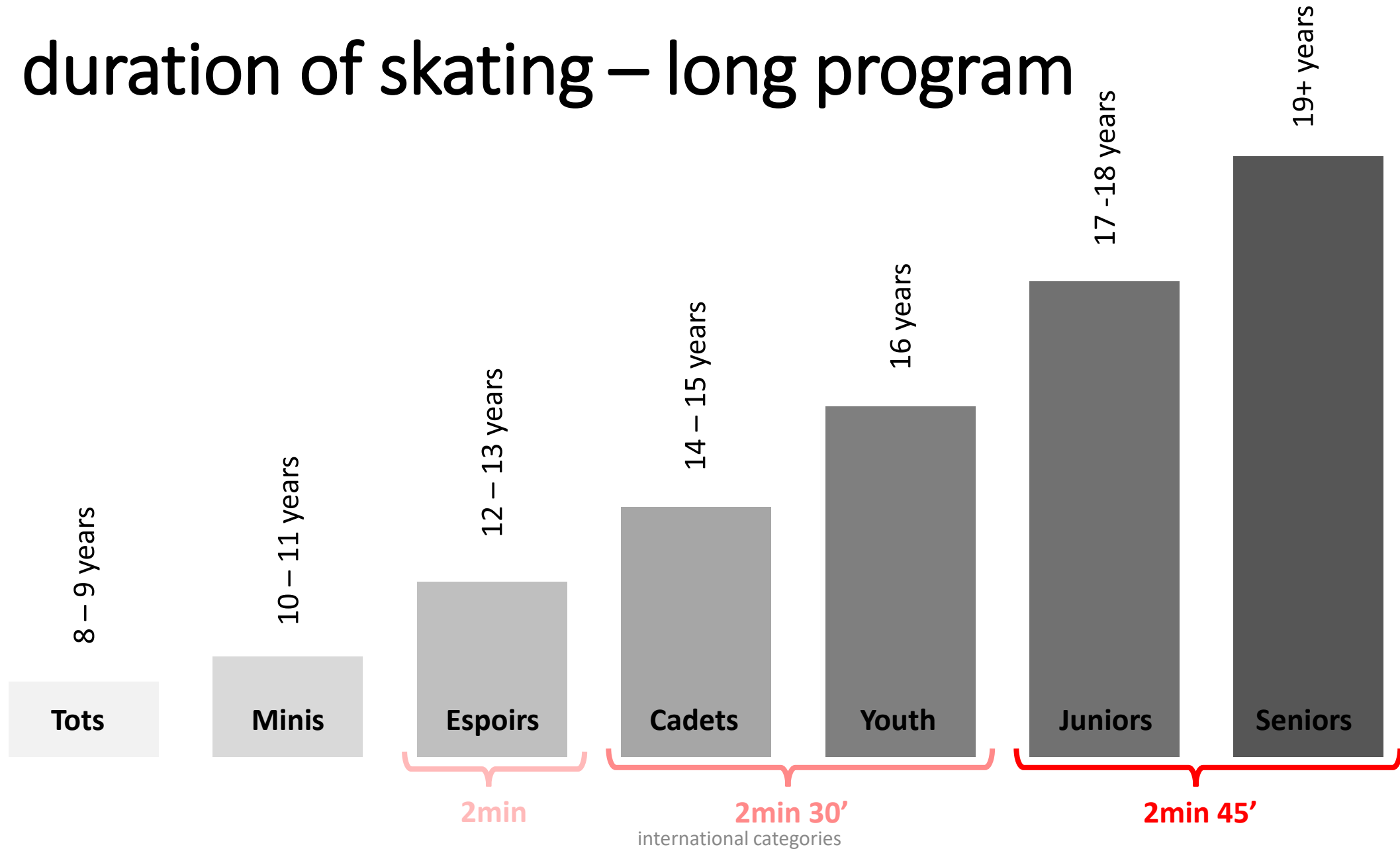
international categories



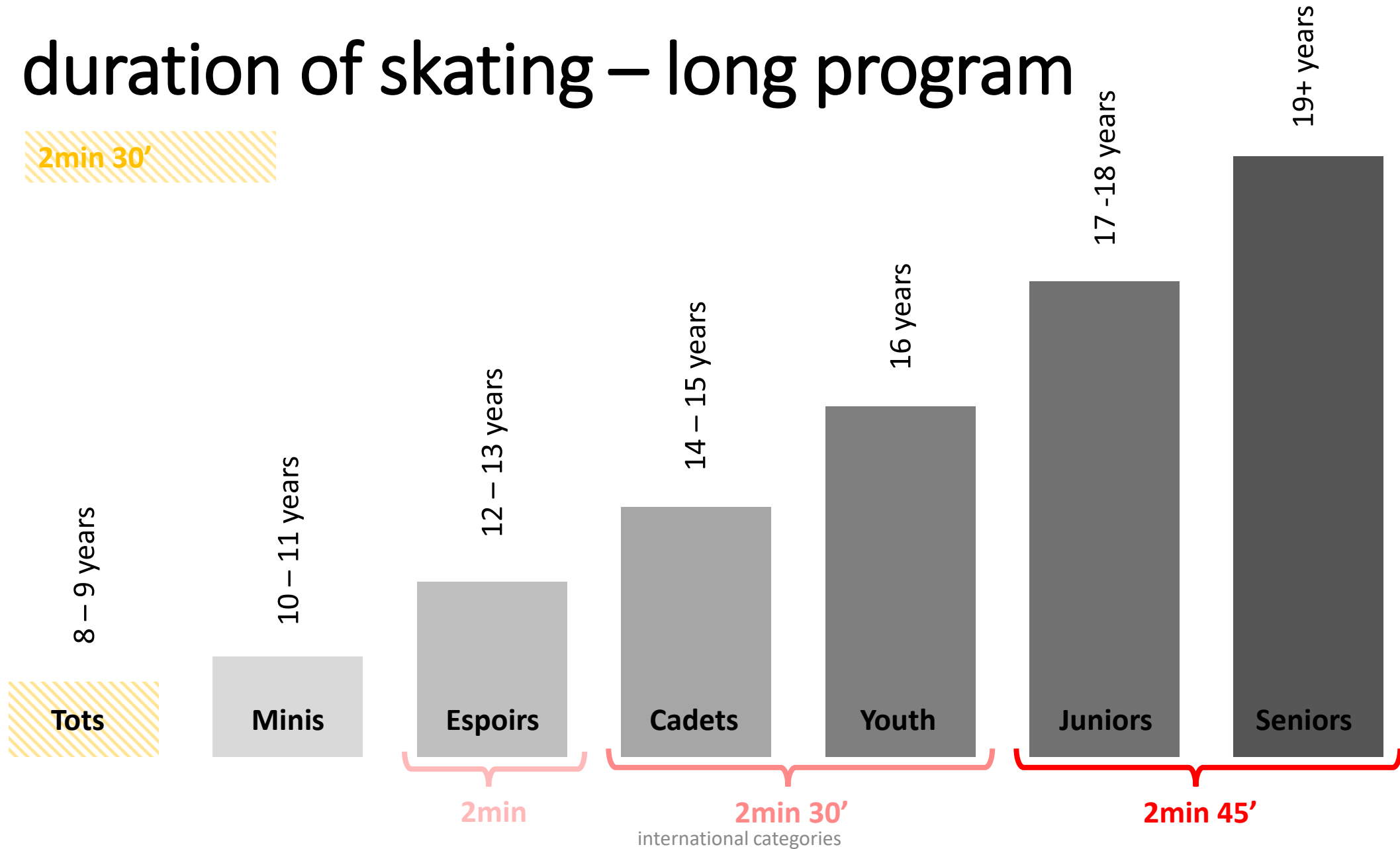
duration of skating – short program



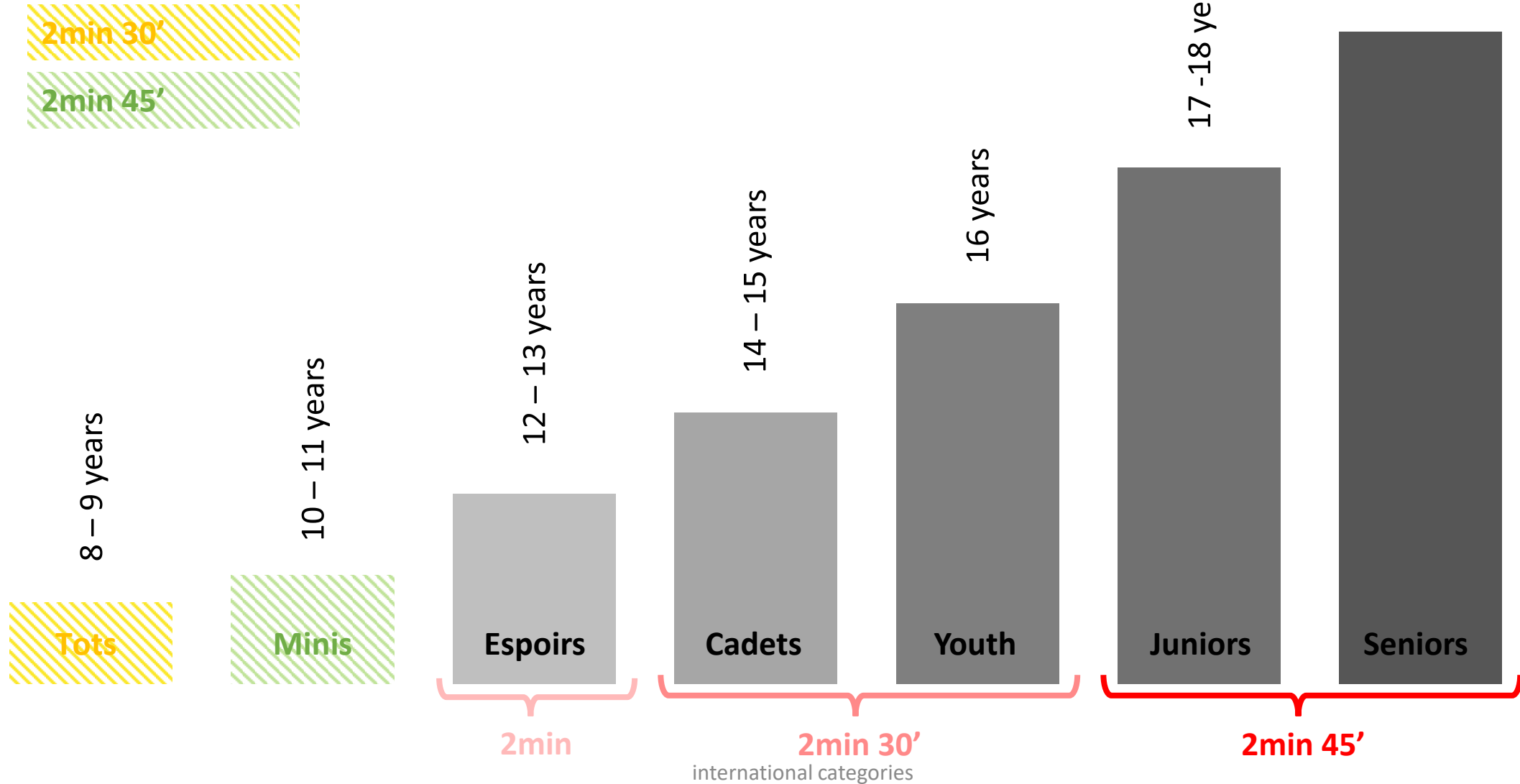
duration of skating – long program



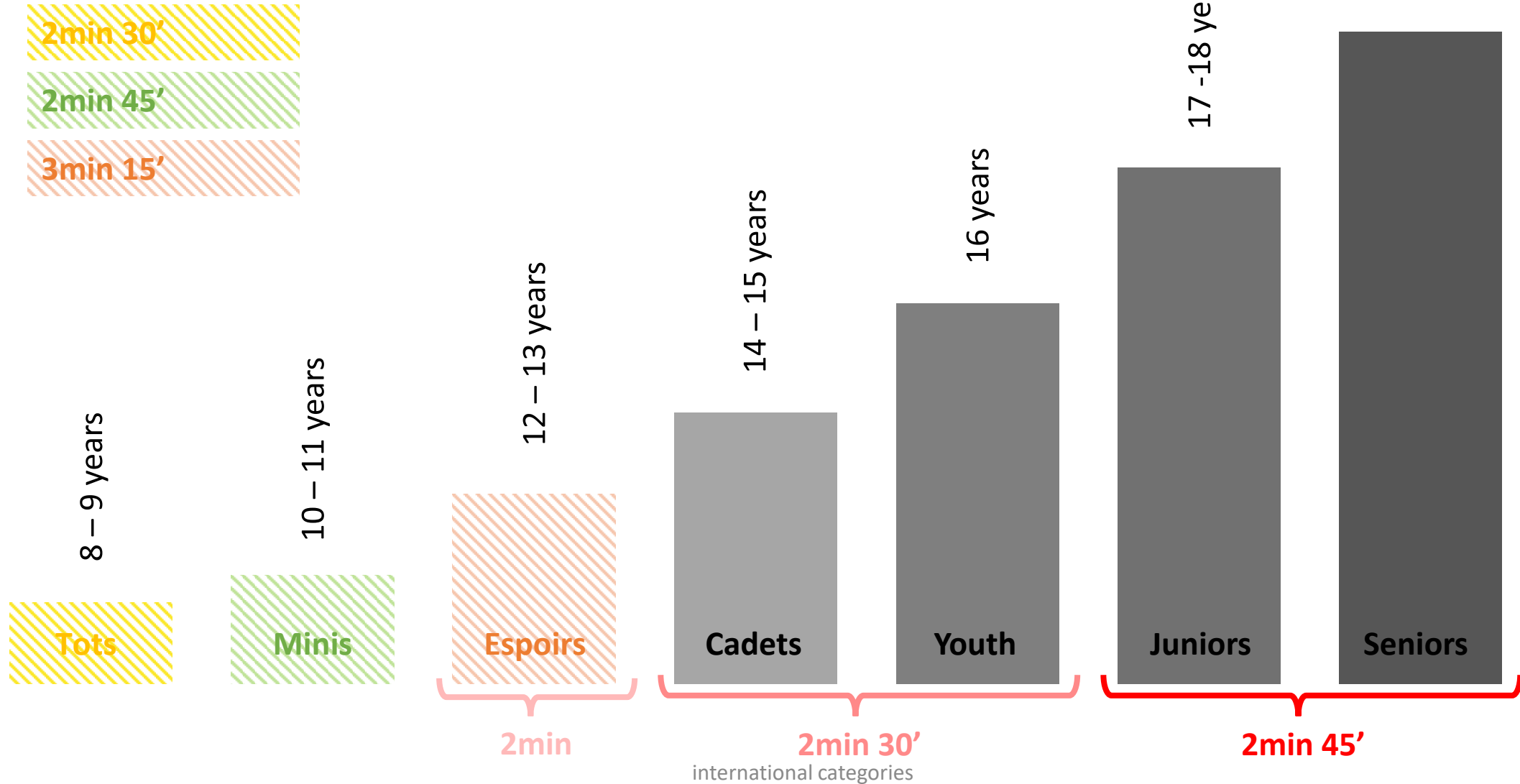
duration of skating – long program



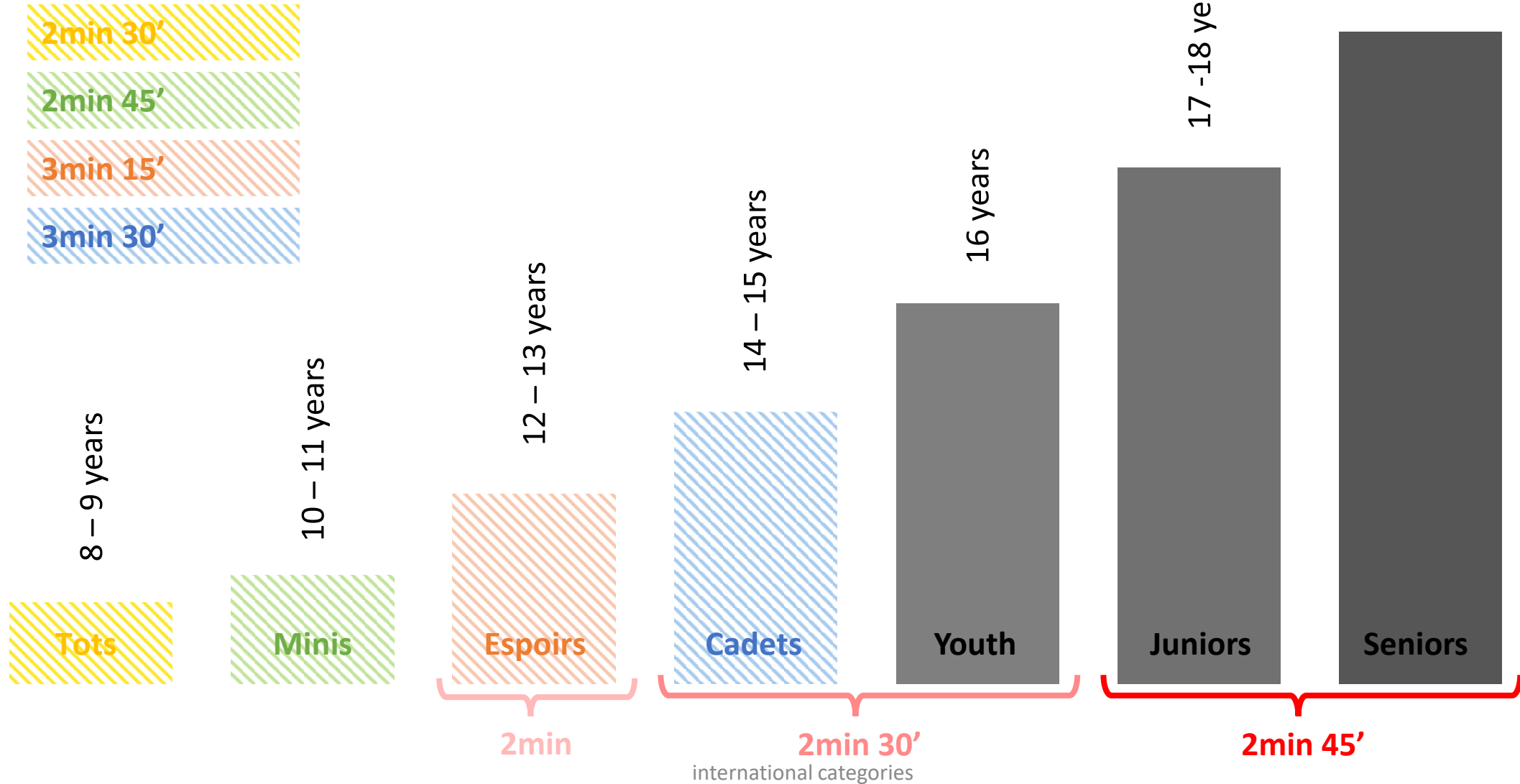
duration of skating – long program



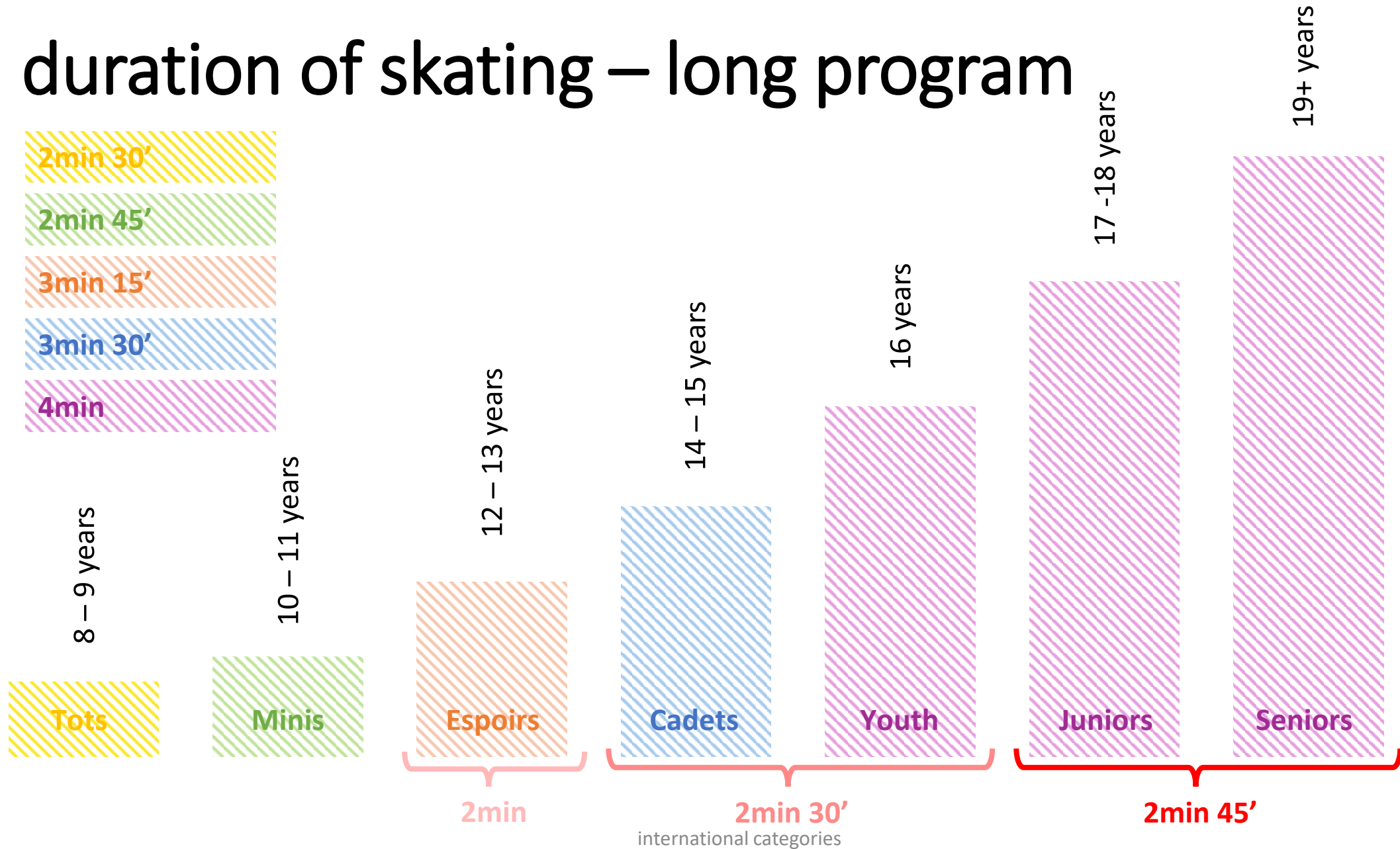
duration of skating – long program



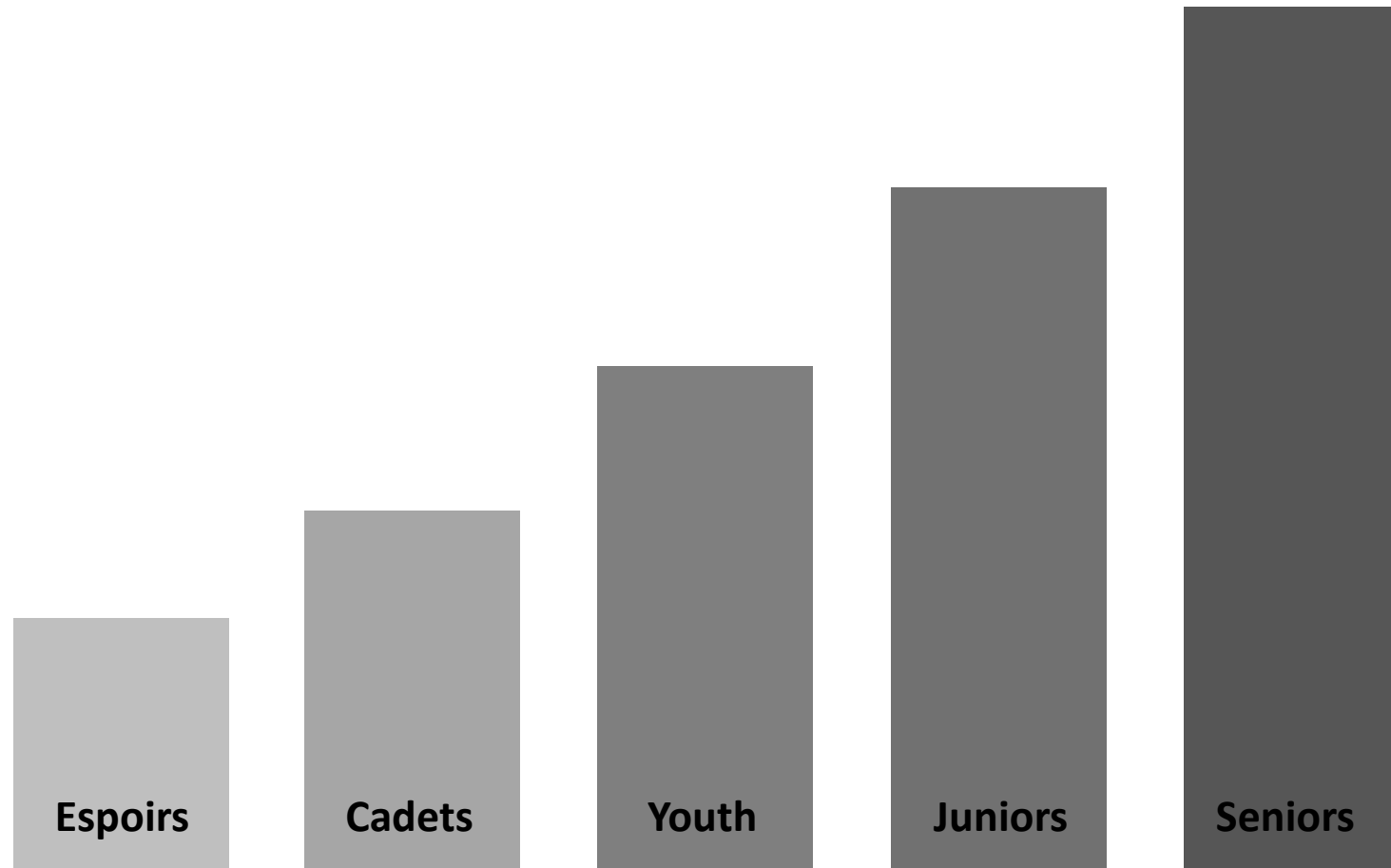
duration of skating – long program



duration of skating – long program

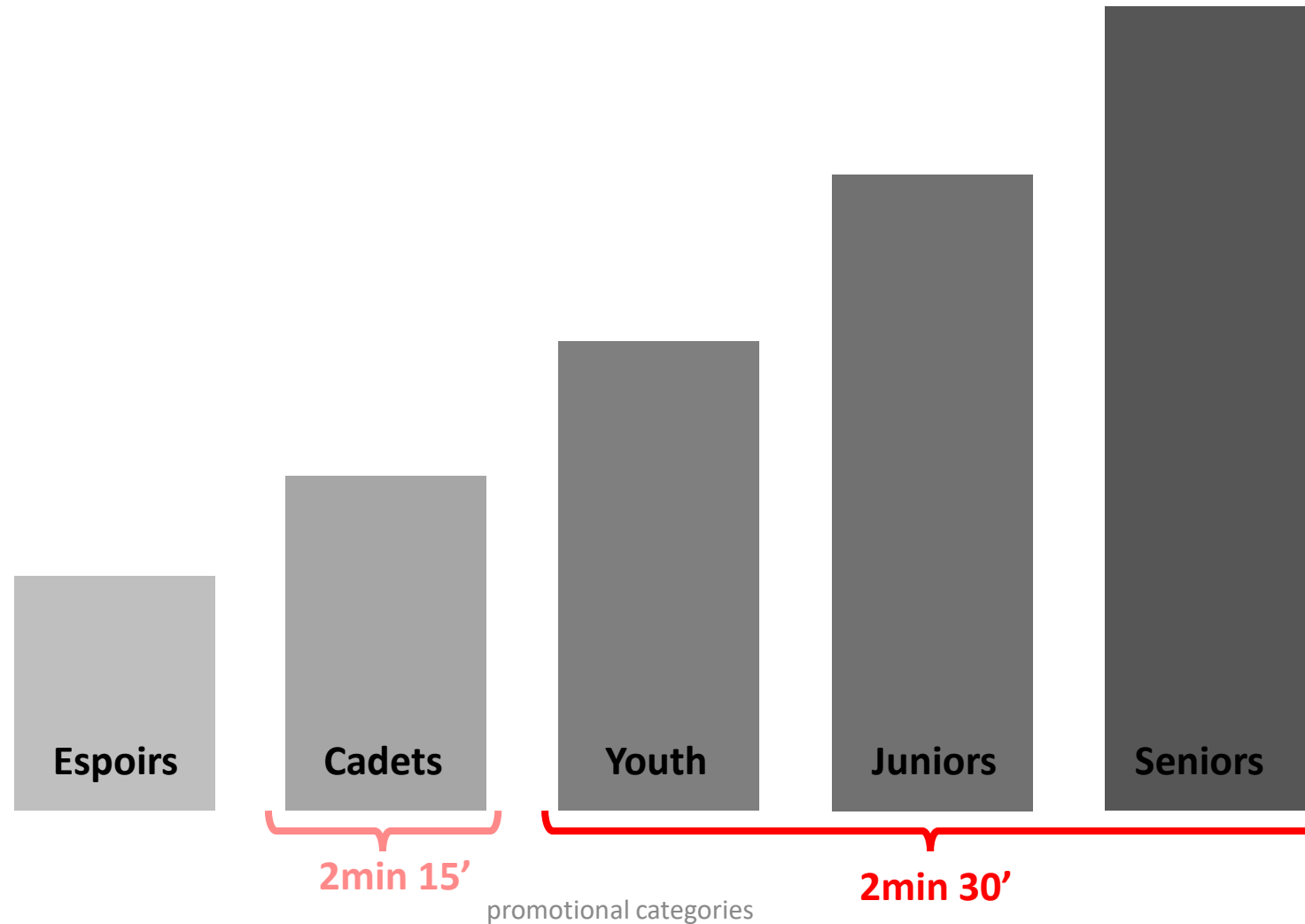


promotional categories



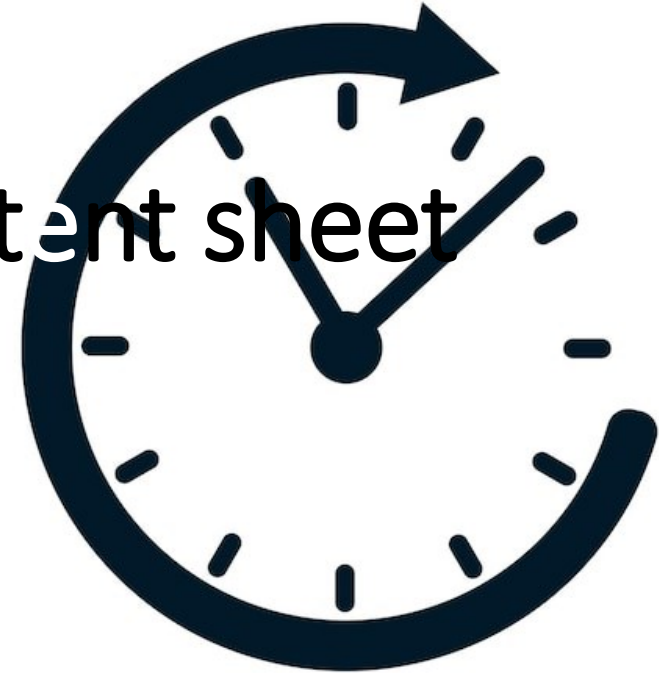
promotional categories

duration of skating – long program





program element content sheet



FORMULAR FOR TECHNICAL ELEMENTS CONTENT

Competitor's NAME	MAX MUSTERMANN
CATEGORY :	Junior Men
Federation	Switzerland

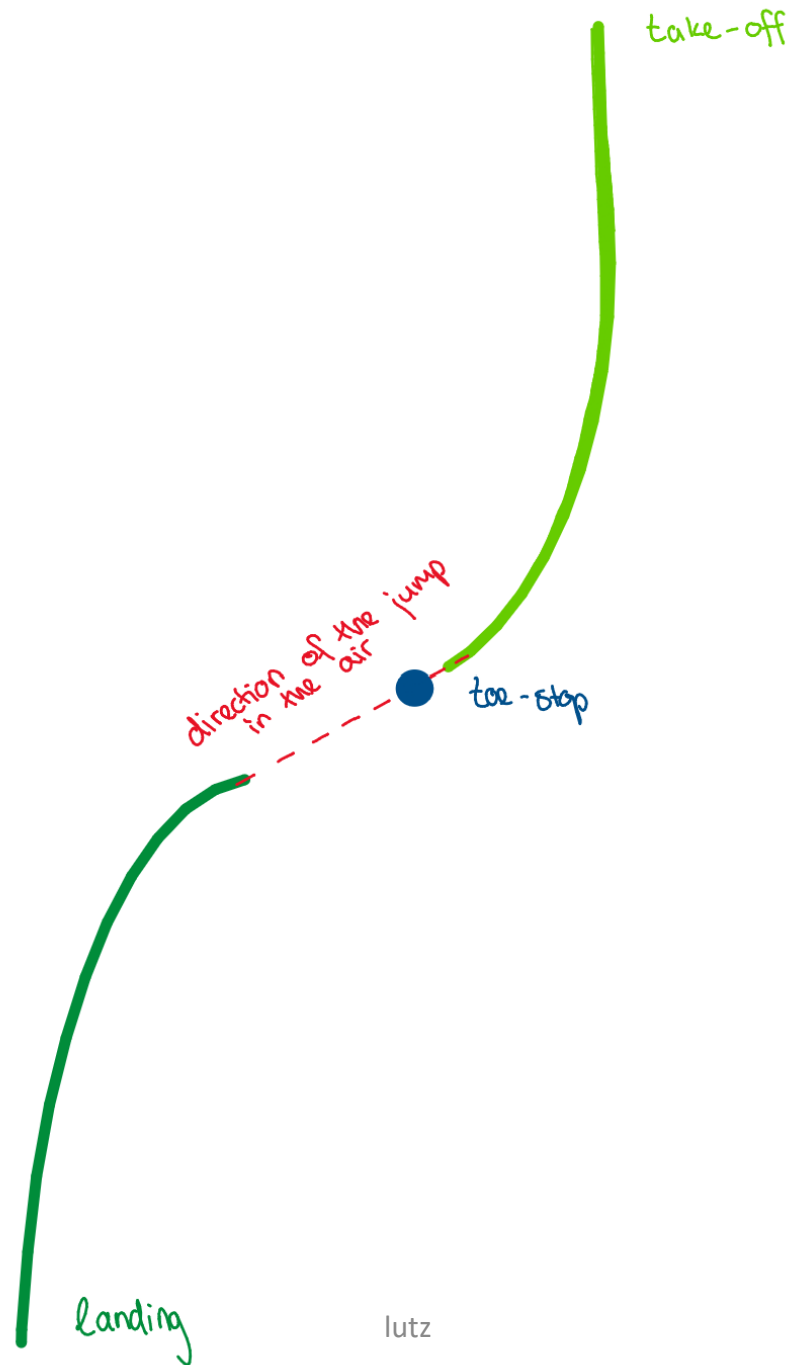
FREE PROGRAM	
MUSIC NAME	COMPOSER
No Time To Die	Billie Eilish

ELEMENTS FREE PROGRAM

#	Element Declared Code	Element Performed Code (Filled by Technical Panel)	Notes
1	SJu		
2	CoJ		
3	FoSq		1:34
4	CoSp		
5	CoJ		
6	CoJ		
7	SJu		Lutz
8	CoSp		
9			
10			
11			
12			
13		program element content sheet	

Lutz





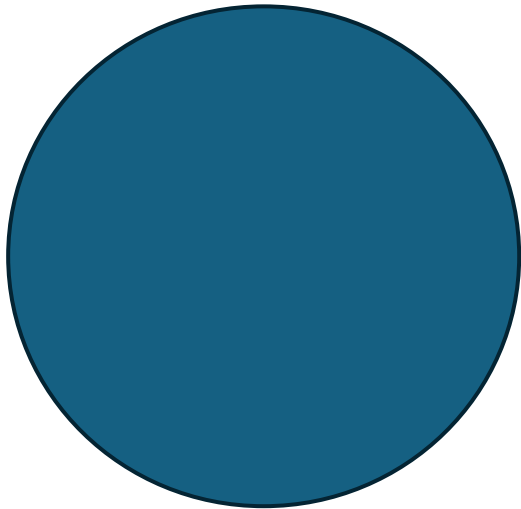
examples

- [Almeida - Riccione 2021](#)
- [Costa - Ibagué 2023](#)
- [Sbei - Portimao 2010](#)

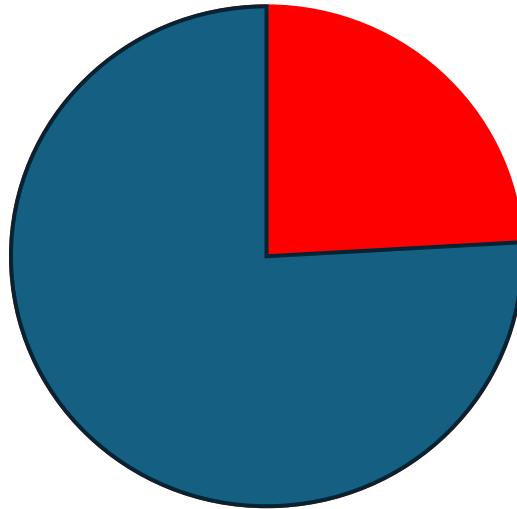


lutz

rotation

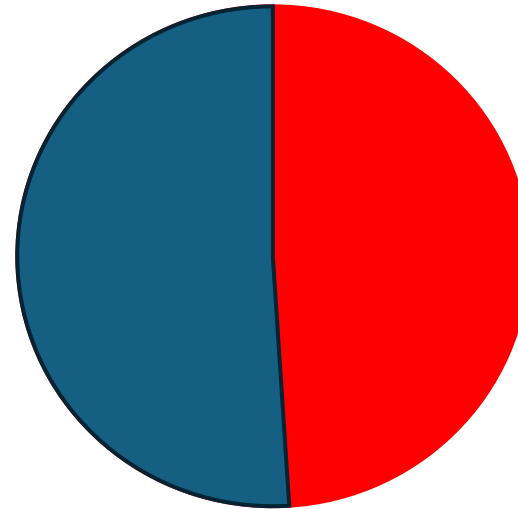


fully rotated



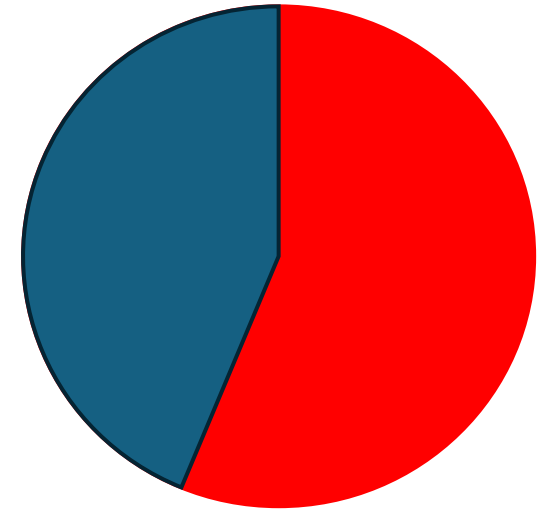
< under rotated
less than $\frac{1}{4}$ missing

(max. +1)



<< half rotated
more than $\frac{1}{4}$ but less
than $\frac{1}{2}$ missing

(max. 0)



<<< downgraded
more than $\frac{1}{2}$ missing

program requirements – short program

jumps

- axel
- combo jump*
- solo jump*

spins

- combo spin*
- solo spin*

steps

- footwork sequence*

examples

- Category: Senior Short Program
 - 2A
 - 3T-2T-2T-2Lo
 - 1A
- Category: Youth Long Program
 - HF-Sit-HB-IB
 - HF-Sit-US-SB
 - US



spins

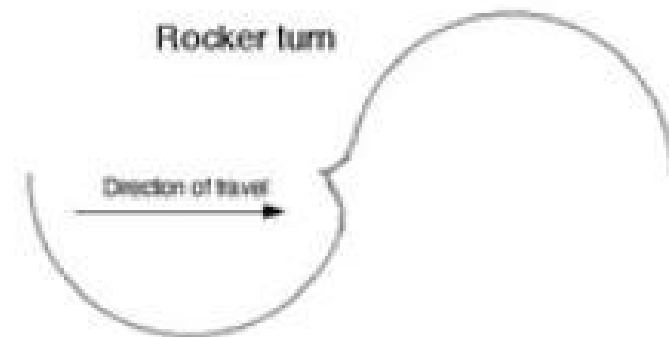
examples

- | | |
|--|---------------|
| • <u>Hofferberth - San Juan 2023</u> | 03:45 – 04:10 |
| • <u>Olympio - San Juan 2023</u> | 01:35 – 02:00 |
| • <u>Schubert - San Juan 2023</u> | 01:50 – 02:15 |
| • <u>Costa - Trieste 2023</u> | 02:15 – 02:45 |
| • <u>Montejo - Ibagué 2023</u> | 25:25 – 25:55 |



Counter turn

footwork sequence



examples

- [Tarlazzi - Ponte Di Legno 2023](#)
- [Marsinyach - Asunción 2021](#)

02:15 – 03:00

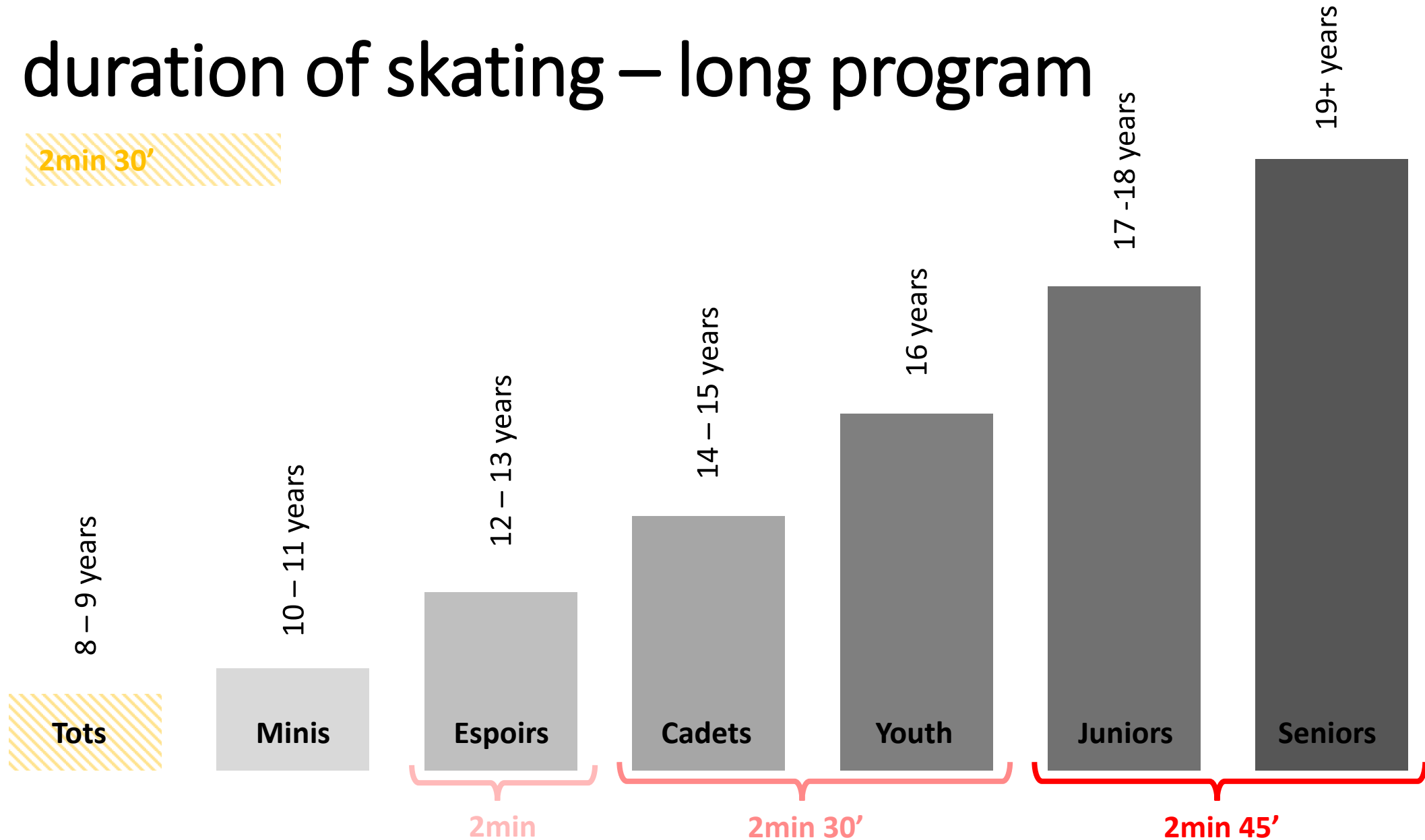
02:00 – 02:50

further studies

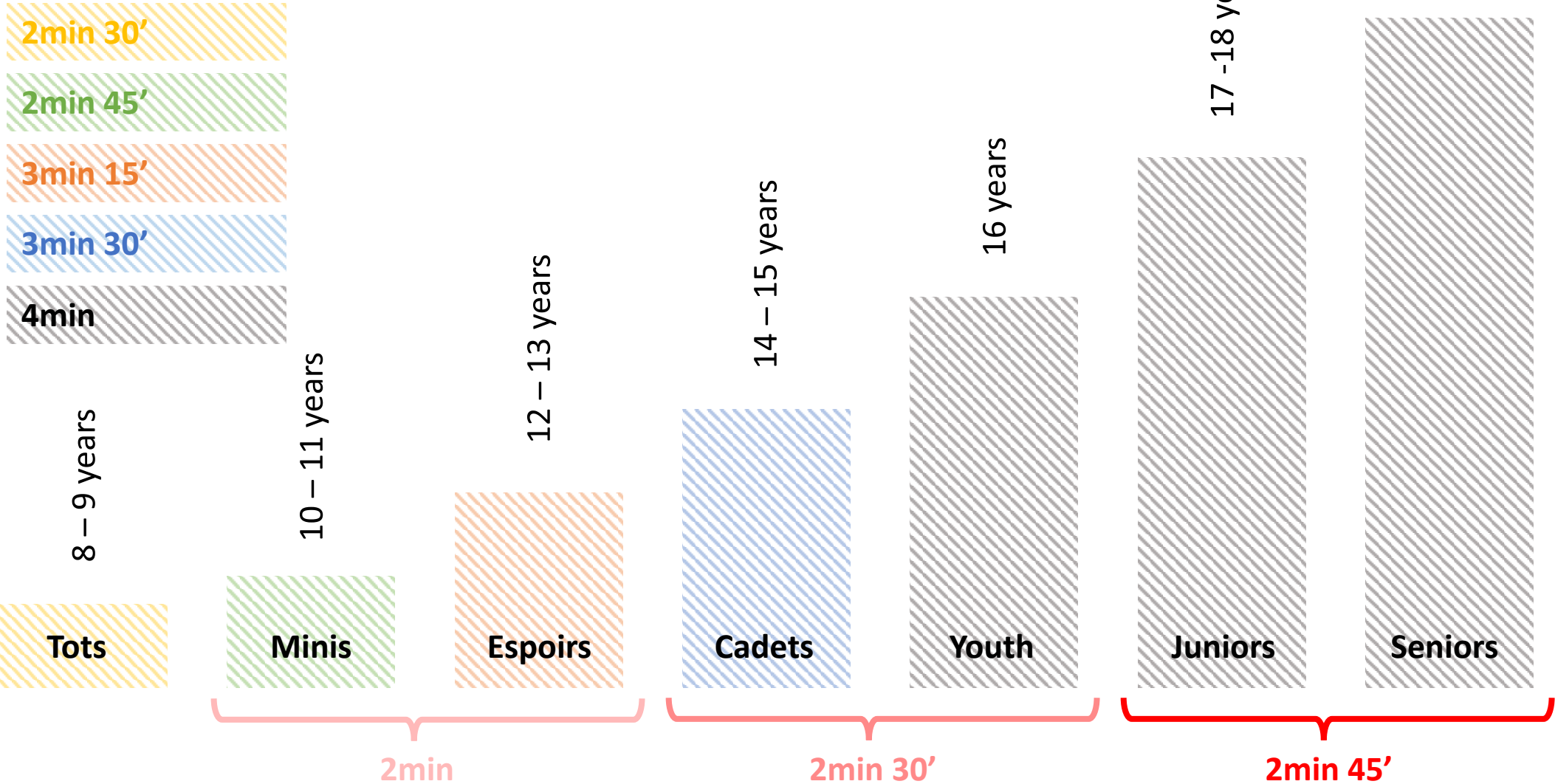
- [Junior Long - Ibagué 2023](#)



duration of skating – long program



duration of skating – long program



program element content sheet

- Startsymbol für Startzeit Kür und Startzeit Schritt
- Uhrensymbol für Lutz
- Sprungsymbol für Sprünge
- Wirbelwind/Zahnrad oder so für Pirouetten