

Artistic impression / Components

The score for artistic impression will be the sum of 4 components. For each component the judges should award a score between 0.25 and 10, allowing for increments of 0.25.

Ranges of scoring per category

- | | |
|--------------------------------|----------|
| ○ Seniors | Up to 10 |
| ○ Juniors | Up to 9 |
| ○ Youth | Up to 8 |
| ○ Cadets, Espoirs, Minis, Tots | Up to 7 |
| ○ All Promotional categories | Up to 5 |

Skating skills

Overall ability to rollerskate well

Errors

- Stiff knees
- Bending too much forward
- Skating on toes / toe stops
- Balancing on the wrong part of the skate
- Incomplete pushes
- Too many short jerky steps

Quality

Did the skater make you forget that he is on skates?

- One foot skating
- Deep edges
- Precision of foot placement
- Flow
- Acceleration / deceleration
- Effortless
- Limited cross overs

Difficulty

Multidirectional

Carriage

- Body control
- Extension lines (head, arms, fingers, legs, feet)
- Movement range

Transitions

Connections of all parts of the program, movements linking all elements with a minimum use of simple cross-pulls.

Quality

Difficulty

- Body use in edges

Variety

- Multidirectional
- One foot turns

Complexity

- Intricate footwork

Performance

Evident errors and falls must affect the performance score.

Personality

- Communication of emotions throughout the use of the whole body
- Personal commitment to the choreography

Projection

- Do I feel involved in the performance?

Movement skills

- Threedimensional aspects of the body

Emotional and intellectual involvement

Choreography / Composition

Pattern / design

- Layout of the program
- Limited long preparations
- Change of directions
- Balanced distribution of jumps and spins during the program

Body design and dimensions

- Movements in space to complete the program in connection with the music

Choreographic intent

- Theme, idea, story

Musical relationship

- Use of phrasing of the music
- Using of nuances
- Movements make sense to the music
- Ideal relationship: skater and music appear as one

Detailed ranges

- | | |
|-----------|--------------------------------|
| ○ Diamond | Outstanding, superior |
| ○ Golden | Very good, good |
| ○ Green | Above average, average |
| ○ Orange | Fair, weak |
| ○ Red | Poor, very poor, extremely bad |